

GOURMAND
World Media Awards
2005



PRESS RELEASE
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India Wins at the Gourmand Awards

On May 20, 2006 in Kuala Lumpur, Malaysia, the book “Around the world in 80 Plates” wins the Gourmand Award for “Best Vegetarian Book in the World” This gourmet guide to vegetarian cuisine was compiled by Rashmi Uday Singh, with photography by Sheena Sippy, and recipes by the Oberoi Hotel Mumbai chefs. The magnificent book is published by India Book House of The Times of India Group.

The previous winners of this uniquely prestigious award are:

1997	Mollie Katzen (Hyperion) - US
2000	Orlando Murrin (BBC Books) - UK
2001	Julia Ponsoby (Green Books) - UK
2002	Asha Khatau (Zaika) - India
2003	Denis Cotter (Atrium Press) - Ireland
2004	Ralf Kabelitz (At Verlag) - Switzerland

In 2005 we received many more vegetarian books than in 2004, and the competition is getting more difficult. There is an effort by great chefs to show that vegetarian can be entertaining and delicious. This is what the winner for this year has achieved in a truly excellent manner.

India now has had 3 “Best in the World” winners at the Gourmand Awards, Asha Khatau in 2002 in the same vegetarian category, Vir Sanghvi for his “*Food Writing*” in 2004, and now “*Around the World in 80 Plates*” in 2005.

All information and other awards results are available in the Gourmand Yearbook 2006.

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