

GOURMAND
World Media Awards
2005



PRESS RELEASE
May 20, 2006

Finland Wins at the Gourmand Awards

On May 20, 2006 in Kuala Lumpur, Malaysia, Finland wins two “Best in the World Gourmand Awards”.

The first one is for two Michelin stars chef **Hans Valinäki** of restaurant Chez Dominique in Helsinki, for his cookbook **Grillista**, published by Otava.

The previous winners in this category **Barbecue and Grilling** are:

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|------|----------------------------------|
| 2001 | UK – Matthew Drennan (MQP) |
| 2002 | US – William Rubel (Ten Speed) |
| 2003 | Germany – Rainer Mitze (Umschau) |
| 2004 | UK – Scott Givot (MQP) |

The second Best in the World Gourmand Awards is in the category **First Cookbook** for **A La Sara**, by **Sara La Fountain** (Otava). Young chef Sara La Fountain graduated from the Culinary Institute of America. She has her own television show where she cooks easy and delicious recipes together with her guests.

Previous winners in that category have also all been women:

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| 2001 | US – Lovern Root King (Rocket E.Books) |
| 2002 | UK – Meena Pathak (New Holland) |
| 2003 | US – Anna Maria Volpi (Volpi Publishing) |
| 2004 | US – Randi Lee Levin (The Muffin Lady) |

Finland had only won once before a Best in the World Awards, in 2004 for the cheese book by Jukka Sinivirja, published by Otava.

Complete information on the Gourmand Awards will be published after May 20 in
The Gourmand Yearbook 2006.

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